# Interreg Creece-Italy











### **GENERAL INFORMATION**

#### Registration

Registration is free of charge and can be made through the website: www.meeting-planner.it (select the congress in the section "Calendario eventi" - FAD)

### Language

The official language is English.

Recommended devices: PC/LAPTOP/MAC

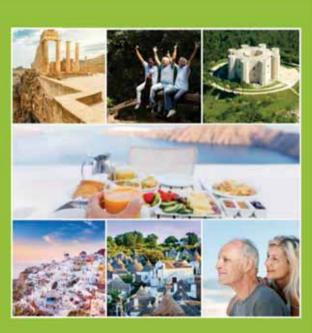
Browser: GOOGLE CHROME

#### **Organizing Secretariat**



## **Final Conference**

Silver Wellbeing: a journey through the Med Diet and Slow tourism



June 25, 2021 - Webinar 10.00 am - 12.00 pm

"Project co-funded by European Union, European Regional Development Funds (E.R.D.F.) and by National Funds of Greece and Italy"



#### **FACULTY**

Angelamaria Abrescia

Naps Lab Technical Assistance Polyclinic of Bari

**Theodore Fotsis** 

FORTI

**Constantinos Glaros** 

FORT

**Christina Kostara** 

Laboratory of Clinical Chemistry, Faculty of Medicine, University of Ioannina

Miltos Koustas

InnoPolis

**Gino Lorenzelli** 

Journalist

Nica Mastronardi

ARET PugliaPromozione – Regione Puglia

**Antonio Moschetta** 

Department of Interdisciplinary Medicine, University of Bari "Aldo Moro"

**Ioannis Papagiannopoulos** 

InnoPolis

Elena Piccinin

Department of Basic Medical Sciences, Neurosciences and Senses Organs, University of Bari "Aldo Moro"

Katerina Sotiropoulou

InnoPolis







# FINAL CONFERENCE "SILVER WELLBEING: A JOURNEY THROUGH THE MED DIET AND SLOW TOURISM"

Moderat	hor. (	Ginn I	<b>ORFN</b>	17F111
MUURIA	LUI. U	JIIIU L	UKEI	NZELLI

- 0.00 Institutional Greetings
- 10.15 Silver Wellbeing: cooperation, actions and final results Angelamaria ABRESCIA
- 10.30 The Puglia experience for Silver tourism. Preferences, trends and future opportunities

  Nica MASTRONARDI
- 10.45 Med Diet: a new App to score your adherence
  Antonio MOSCHETTA
- 11.00 Med score data from our study Elena PICCININ
- 11.15 A short overview of the contribution of InnoPolis to project achievements. Applications and tools of the project Katerina SOTIROPOULOU, Ioannis PAPAGIANNOPOULOS, Miltos KOUSTAS
- 11.30 The Mediterranean Diet as a Transversal CBC asset Christina KOSTARA
- 1.45 The Mediterranean diet Theodore FOTSIS
- 11.50 The Routes of Olive Oil in Greece
  Constantinos GLAROS
- 12.00 Wrap up